

Ingredient List Tea Sangria Mocktail

Cooking Class with Vanessa Young

INGREDIENTS

- 5 white tea bags brewed in 4 cups water then cooled
- ½ cup pomegranate juice
- 1 sweet orange (such as Cara Cara)
- 1 apple
- 1 cup sliced strawberries
- 1 cinnamon stick
- 1 cup sparkling mineral water, seltzer, or sparkling water

Replace/substitute any ingredients based on your food allergies and preferences.